

# Fashion Tips or Trips!

## Ask our Local Experts



**Kerryn Chaplin**  
DIOShair

**What is exciting in the new season's fashion looks – styles, colours?**

Hair fashion this season seems to be heading towards the shorter styles. With all versions of the 'bob' being seen, with or without fringes, curly, wavy or sleek. Colour is bold and confident with our latest colour collection being reminiscent of the classic movie heroine.

**Simple tips to transform your look?**

There are lots of ways to change or update your look. One of the easiest and most obvious is to change your hair colour. There are so many soft blondes, rich reds and striking brunettes to choose from. Talk to your stylist about what will suit you best.

**What do you recommend for hair care over winter?**

Through the colder months your hair is subjected to so many more external aggressions, like extended blow drying, artificial heating and wind, it is important that you are giving it the protein and moisture it needs. I recommend an overnight treatment like Kerastase Noctogenist, which works on the hair while you are sleeping to renew and soften. Also, Kerastase Nectar Thermique is a fantastic tool to use to smooth and protect dry hair while blow drying and flat ironing.

**Any new looks for hair fashion that you personally like?**

I love that we are slowly heading away from poker straight hair and moving towards softer and more feminine waves.

**What is your biggest fashion no-no?**

Giant regrowth! Just don't do it! If you are going to colour your hair more than two shades different to your natural colour, please have your new growth touched up every 4-6 weeks.

**What 3 things never become unfashionable and why?**

- 1 Beautiful healthy hair will never become unfashionable, it should be one of your biggest investments, as along with your skin it is the only thing that you wear every single day!
- 2 A tailored classic coat in a neutral colour.
- 3 Having a beautiful smile will also never go out of fashion as far as I'm concerned!



**Sue Clark**  
Change-of-Address

**What is exciting in the new season's fashion looks – styles, colours?**

Layering, long line and shot knits. Fabulous for winter as we can get four seasons in one day. Reds, black, greys. Textures and embellishments.

**What's taking your eye for current fashion?** Higher waisted pants, great for the mature woman. Textured knits – jackets and coats a must for winter.

**What are some of the worst fashion disasters you have seen?**

When wearing clothes too fitting. They should drape over the body. Utilize good underwear, and at least once in your life be fitted for a bra by a professional.

**Simple tips to transform your look?** Utilize accessories. It's a cheaper option as transforming can cost. Jewellery on scarves, for example, can change an outfit completely. The 'little black dress' can be changed by adding colour – red, gold or silver, jewellery, jackets – long line or short.

**What is the eye catching look in accessories?** Bold necklaces. They look good with any outfit. Make a statement!

**Makeup tips for colder months?** Keep it natural with neutral tones. Play up your eyes with a little colour.

**Any new look for hair fashion that you personally like?**

The bob looks good on a lot of face shapes. Depending on your age, if older, keep it short. Younger women can get away with a longer look.

**What is your biggest fashion no-no?** Tight jeans! Especially if you are 30+. Muffin tummies can be avoided if you wear the right size for your waist line.

**Given Time Travel, which fashion era would you go back to and why?** I wouldn't! The fashion today is easy and comfortable and you can use your imagination when putting pieces together.

**What is your best budget fashion tip?** Revamp, recycle and reuse! Know your colours, winter, summer, autumn, spring. If you don't, find out. Wearing what suits will save you money and heartache.

**What 3 things never become unfashionable and why?**

Black dress pants – they look good on all figures. Dress them up with chunky knits, jackets or an evening top. Basic black or brown skirt – remember the right length for your height. Also team up-mix and match works well.

**What do you think is the next fashion era to be revived and which one do you not want revived?** Fashion always rolls around, eg dresses went out and are now back with a vengeance. Utilize what suits you!

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