

Franklin

everything

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September  
EDITION 102

**Robert Harris®**

COFFEE ROASTERS

Pukekohe

**Kesta's Story**  
Never Been Bigger  
Taking Command  
& Losing 30kg!

**Living Legend**  
Gus Winckel Honoured  
At Pukekohe RSA

## OPINION

When Food is  
the Enemy

**NEW** Column  
Building Innovation  
Brendon Hamill

**NEW** Column  
Nutrition & Personal Trainer  
Ginny McArthur

**The MACHINES Have It!**  
New Technology to Help

## INTERVIEW

Vibra-Train SureSlim United?  
Jo Hunt Takes On Both!

See Page 2

## EXCLUSIVE

### EVOLUTION REVOLUTION

Professor Allan Wilson Local  
Boy Who Rocked The World!

## FEATURE

# Health, Beauty & Wellbeing

## Rejuvenate Yourself In Franklin!

Cover Shot – Jo Hunt "Enhance Body & Soul" See page 2. Hair by Diosa. Makeup by Glamourzone.  
Dressed by Stirling Sports Franklin Pukekohe. Photo elocal.