



Enhance Body and Soul Take Fitness to the Next Level!

With state of the art technology, Enhance Body and Soul offer premium services at an affordable price. Combined with Enhance's existing services, the introduction of the new fitness studio means you only need to go to one place to reap the benefits of losing weight, becoming healthier and achieving your goals. No more complicated weight training, just the latest in fitness machines. The fitness studio offers a friendly and relaxed atmosphere to work towards Enhancing You.



Enhance Body and Soul Services:

- **Vibra Train** – 10 - 15 minute Workout. **1st session FREE!**
- **Infrared Sauna** – Cleansing and detoxing the body and skin
- **Fitness Studio** – State of the art technology to achieve maximum results
- **Sunbed** – A tan is your best protection from dangerous and harmful sunburn
- **Automatic Tanning Booth** - UV free tan in just 45 seconds. Concession Cards Available
- **Sure Slim** – Medically and scientifically based with one-on one support to maximize your weight loss



**EXCLUSIVE MEMBERSHIP!
FROM ONLY \$9.95 PER WEEK!
NO JOINING FEE!**

SAVE UP TO 40%

on Sleepyhead
Pocket Spring Beds



Beds R Us Sleep Centre Pukekohe,
132 Manukau Road,
Pukekohe. ph (09) 238 1190



BEDS R US
your dream bed is here